

Aging In NOLA

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MISSION STATEMENT

Responding to the call of the Gospel, Christopher Homes, Inc. strives to provide decent, affordable housing to vulnerable members of our community.

All who are associated with Christopher Homes, Inc. have the right to respect, dignity and a sense of well being. Therefore, through the service and commitment of our staff and volunteers, we will enable our residents to grow spiritually, socially, and intellectually, empowering them to develop their optimal potential.

Christopher Homes is a senior living ministry of the Archdiocese of New Orleans.



ARCHDIOCESE OF
NEW ORLEANS



GET VACCINATED FOR BETTER HEALTH

Health habits brought to you by

PEOPLES HEALTH

Vaccines are a simple and safe way to stay healthy. Sometimes called the greatest invention of the 20th century, vaccines have virtually erased outbreaks of diseases such as measles, mumps and polio. However not everyone takes advantage of the healthy protections vaccines can offer. For instance, flu vaccines are readily available each year, but the Centers for Disease Control and Prevention estimates there are between 140,000 and 810,000 hospitalizations due to influenza annually in the United States and as many as 12,000 to 61,000 deaths.



Adult vaccinations are recommended for the following diseases:

- Chicken pox
- Hepatitis A
- Hepatitis B
- HPV (human papillomavirus)
- Influenza (flu)
- MMR (measles, mumps and rubella)
- Meningococcal disease
- Pneumococcal disease (pneumonia)
- Shingles
- Tetanus
- Whooping cough (pertussis)

According to the National Foundation for Infectious Disease, vaccines are safe, and you cannot catch a disease from a vaccination.

Talk to your doctor to find out which vaccinations you need to keep you and your loved ones healthy. Even if you've been vaccinated in the past, it may be time for a booster shot.

What else can you do to help stay healthy?


Get a flu shot every year, preferably before flu season starts. Protect yourself by staying away from people who are sick, keeping your hands away from your face, and washing your hands well and often with soap and water.



To follow the Health Habits blog online head to www.christopherhomes.org. You'll find this article as well as previous health-related articles.

Also, follow Christopher Homes on:

 Facebook: @christopherhomesano

 Twitter: @chi_archno

 Instagram: @christopherhomesinc

WELCOME ABOARD!



Oneal Belmonte
Elevator Coordinator
Christopher Homes



Dorothy Jones
Housekeeper
Metairie Manor



Kendril Blatcher
Service Coordinator
Metairie Manor



Joseph Dorsey
AC Maintenance Tech
Nazareth Inn



Dana Isaac
Service Coordinator
Rouquette Lodge



Alvin Burse
Maintenance Tech
St. Ann Square



Isaac Fenter
Service Coordinator
St. Martin Manor

WE'RE HIRING

Please head over to our Careers link on
www.christopherhomes.org to view our job openings!

HAPPY THANKSGIVING!



GIVE

thanks
WITH A
grateful
HEART



HAPPY VETERANS DAY!





We are excited to participate once again in #iGiveCatholic to raise funds that help you! Contributions will go towards our meal program and other resident services and activities.



How you can help!

Help us make more of an impact by sharing our campaign with your family and friends! See your chances to win below!

| <i>Property Prize</i> #1 | <i>Property Prize</i> #2 | <i>Staff Prize</i> #1 | <i>Staff Prize</i> #2 |
|---|--|--|-------------------------------------|
| Most Money Raised (PER CAPITA) | Highest Number of Donations | Highest Number of Donations | Most Money Raised |
| RECEIVES A PARTY | RECEIVES A PARTY | RECEIVES A DAY OFF! | RECEIVES A DAY OFF! |
| COMPLIMENTS OF CHRISTOPHER HOMES | COMPLIMENTS OF CHRISTOPHER HOMES | COMPLIMENTS OF CHRISTOPHER HOMES | COMPLIMENTS OF CHRISTOPHER HOMES |

Please help us make this the most successful #iGiveCatholic yet!

PRAYER SERVICE - PLACE DUBOURG

We are grateful that our residents have the opportunity to come together in prayer again.



FLU SHOTS



Residents are protecting their health with flu shots!



COMMUNITY HELPERS

Marrero pharmacist, Rose Hong Tran, has held annual wellness seminars for the residents of the Wynhoven for over 15 years. Rose and her team often provide vaccinations and screenings, along with a hot meal for each resident during their visits. They enjoy entertaining the residents with BINGO, games and giveaways! Their dedication and care for the seniors of our community are a true blessing.



SPECIAL DELIVERIES

Organizations throughout our community have shown love and care for our residents over the last several months. Pictured here are representatives from Tulane University's The Skin You're In and the Lambda Omega Chapter of Alpha Kappa Alpha who donated goodie bags to the residents of St. John Berchmans and Annunciation Inn.



ENJOYING LIFE

Several Annunciation Inn residents were spotted enjoying each other's company.



WALK TO END ALZHEIMERS NOVEMBER 21

Join us in supporting the Alzheimers Association during their virtual walk! More information can be found at www.act.alz.org



SPECIAL BIRTHDAYS!



Ms. Vivian Hebbler
of St. Teresa's Villa
celebrates 106
years!



Ms. Dorothy Hughes
of Annunciation Inn
celebrates 97
years!



THANK YOU



Thank You

to our dedicated and hard-working staff!

During this health crisis, the entire team of Christopher Homes has been committed to ensuring the safety and wellbeing of our 2,500 residents. Our staff took on new roles, all with the goal of keeping our residents safe.

From shopping for groceries and medication, to building plexiglass dividers and delivering meals and packages to residents' apartments, our staff has been dedicated to assisting our residents through this pandemic.

Our ministry is to share the love of God through our service and we could not accomplish this without each Christopher Homes employee!

*"Give your hands to
serve and your
hearts to love."*

- Mother Teresa

A Senior Living Ministry of the Archdiocese

www.christopherhomes.org

Four years voted by our staff as a Top Workplace in NOLA.



PUZZLE

SUDUKO PUZZLE

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| 7 | 6 | 2 | 5 | 8 | 3 | 9 | 1 | 4 | 8 |

ANSWER

FROM THE DEACON'S DESK



Dear Residents and Staff,

"I have said this to you, that in me you may have peace. In the world you have tribulation; but be of good cheer, I have overcome the world." John 16:33

Storms! Our lives are full of storms. They come at us in all types and from all directions - spiritual, political, health, financial, family, and certainly, nature. It is after all the year 2020.

Our storms may be in the form of dealing with a divisive political landscape and a contentious election; cultural or racial differences; the past nine months in various stages of isolation due to the pandemic; having missed family events, births, birthday and holiday celebrations, baptisms, hospitalizations of loved ones, and final farewells. They may be the result of business or personal financial challenges or health issues. We may be fighting melancholy and unhappiness and often can only see our medical professionals online. All of this and then, there is a hurricane season to beat all hurricane seasons. Our New Orleans area dodged six storms until Zeta blew through town. And now we have our eyes on Eta and three more weeks of the season, if it ends then.

Lord, you have promised us peace but how can we find it?

Recently I found a saying that speaks to my heart, "Stop telling God how big your storm is and start telling the storm how big your God is."

If we truly believe in God's love for us, we realize that he is in control. We need to trust in his loving care for us and to respond to his love by loving him with our whole heart, soul, and mind and our neighbor as ourselves.

The Saturday following Hurricane Zeta, I witnessed that love of neighbor played out in a true New Orleans tradition. My wife and I visited one of our properties to deliver food items for the residents who remained without power. We found a group of residents gathered together in the courtyard with grills fired up and cooking thawed food from their freezers for everyone. Sharing and caring for neighbors. Joyful for the beautiful day and happy to be serving others. It was the first time I have tasted chocolate chip cookies smoked on a grill - ingenious, different but tasty just the same.

It's what we do in New Orleans and in our Christopher Homes properties - we make do even in the storms of life. It all gets back to trust in God and love of neighbors.

God's blessings,

Deacon Dennis F. Adams
Executive Director, Christopher Homes

